



Sas Carey,
BSN, RN, MEd,

is a holistic nurse, Life Energy Healing School™ director, private healer and spiritual guide. She worked as a Health Education Consultant for the United Nations Development Programme. In 1995, she began her research in Traditional Mongolian Medicine with a three-month intensive course. Since then, Sas has frequently traveled to Mongolia, set up laboratories in rural Gobi Desert hospitals, and is producing a documentary on nomadic women healers. She has worked in the field of drug and alcohol prevention, women's health, medical-surgical nursing, elementary school teaching and is the author of the book *Life Skills for Teens* and the correspondence course *Discovering Your Intuition*. A mother, grandmother, and Quaker, Sas offers her practical system of integrated Eastern and Western health care to others so that they can achieve rewarding, healthy and balanced lives.



My session with Sas was miraculous. I affirmed life, and we worked to open all the chakras. An instant vitality surged through me. Sas gave me my life back. In this new life I affirm miracles. They do happen.

—ALORA GROOMS, VERMONT

Call for information about
music channeling class
and free healing clinic.

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INTERNATIONAL
SPIRITUAL HEALER

Sas Carey
R.N., M.Ed.



SPIRITUAL GROWTH
STRESS REDUCTION
PAIN RELIEF
LIFE ENERGY HEALING
RELATIONSHIP HEALING
ADDICTION HEALING
SMOOTH LIFE TRANSITIONS

“Western medicine targets the symptom and assumes the system will heal. Eastern medicine targets the system and assumes the symptoms will heal.”





SPIRITUAL READINGS

Sas Carey reads energy. She believes that each person has an inner light or soul. This light is perfection, truth, love, and the connection with all creation. Humans often have fears, which block the light so that it is inaccessible. When Sas focuses on your light, she perceives balance or imbalance through lightness or darkness, openness or blocks, clarity or stagnation. She will describe this knowing or sensory awareness in visual, auditory or kinesthetic terms. You may then ask questions about the message or anything else you would like to know. The answers come from your higher self, through the collective unconsciousness through her to you. A spiritual reading can be done by phone, on-line or in person.

I know that I would not be alive today if God had not allowed you to be such a vital instrument in my life.

—FRANCES WALSH, TEACHER, VERMONT



LIFE ENERGY HEALING SCHOOL

The two-year curriculum of Life Energy Training™ will move you toward heart-centered holistic life choices and may even take you to Mongolia! Ask for an Application Packet.

MONGOLIAN MEDICINE PROJECT

In Mongolia, we are helping to support Traditional Mongolian Medicine and at the same time supplying laboratory equipment for rural hospitals and clinics. Donations of equipment and funds are always welcome. Please write or call to request further information.



ENERGY HEALING

As an energy conductor or catalyst, Sas may use therapeutic touch, Traditional Tibetan-Mongolian Medicine techniques, Reiki, energy balancing or chakra balancing in the course of a healing session. The techniques she uses work in the energy field, and may not even involve touching. Just as it takes time to create imbalances in life, it may take time to recreate balance. Receiving energy healings, individuals often feel more at peace with themselves and their lives. The goal in balancing energy is to remove blocks, increase access to the person's inner light, and open innate healing abilities.



When I sidled into Sas's office that night cradling my left arm and flinching away from the lightest touch of cloth or hand, I was in a gray fog of pain. I lay on the table and Sas went to work channeling energy. As often happens when she treats me, I fell asleep. When I awoke, I moved my left arm gingerly, cautiously, expecting that tearing pain, but it didn't come. I could drive myself home, both hands on the wheel. I don't know how it works: I know only that it does.

—EUAN BEAR, EDITOR, VERMONT

SOUL THERAPY

The purpose of soul therapy is to uncover the light within, discover your gifts, and move along your soul's path. Sas helps you learn to use your intuition, pay attention to hopes and dreams, and practice making them a reality. Soul therapy helps you integrate your mental process with your physical, emotional, and spiritual aspects.

Working with you is like skipping the first ten sessions of therapy.

—ELLEN SCRANTON, VERMONT



RELATIONSHIP HEALING

One aspect of a session may be *soul talk*, which connects individuals through light from soul to soul. Soul talk heals conflicts, strengthens communication, helps others and sends love.

My experiences doing soul talk through Sas Carey to members of my community who are in crisis have helped bring about peaceful resolutions to difficulties and healing to anxious states. It is of great benefit to communicate to someone whose personality is stiffened with resistance but whose heart is open to healing.

—MARIAH MARTIN, MINISTER, RHODE ISLAND

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ALL MAJOR CREDIT CARDS ACCEPTED

